## Instrumental Music Department Practice Record



Print FULL Student Name\_\_\_\_\_

Directions: 1) Practice music 3 separate days. 2) Have parents sign and date. 3) Return to Mr. Cymanski for a reward and grade.

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Parent Signature:				Day 1	
Date:					
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
Circle the amount of minutes practiced:	10	15 20	25 30	More than 30	!!!
Parent Signature:				Day 2	
Date:				,	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
Circle the amount of minutes practiced:	10	15 20	25 30	More than 30	!!!
Parent Signature:				Day 3	
Date:					
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
I played song		3 times	5 times	10 times	
Circle the amount of minutes practiced:	10	15 20	25 30	More than 30	!!!
			-		

## **Hints for a Great Musical Practice**

- 1) Establish a regular MUSIC practice time. Parents are asked to have their child stick to a regular routine and time for practice.
- Try practicing before or after: school, dinner, homework, sports, etc.
- 2) Fill Lungs from bottom to top with air  $\,$
- 3) Use Shoulder Rest (Strings)
- 4) Sit with a straight back
- 5) Play with a steady beat (tap foot)
- 6) Practice music slowly then speed up
- 7) Read music theory (gold boxes)

- 8) Listen to CD/DVD when playing
- 9) Count correct beats on rests and notes
- 10) Play repeats
- 11) Be silent on rests
- 12) Clean instrument when done
- 13) Tell parents when supplies are needed (Reeds, Oil, Brushes, Rosin, etc)

Circle how many seconds I can play one note: 5/10/15/20/25

Circle the new note I just learned to play:

circle the new note i just learned to play.									
Α	A#/Bb	В	С	C#/Db	D				
D#/Eb	E	F	F#/Gb	G	G#/Ab				

